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The invention refers to microbiology and may be used in obtaining curativoprophylactic preparations, used for increasing the level of synthesis of the vitamins of B group in the digestive tract.

The association of *Bifidobacterium longum var. animalis* CNM BI-527 and *Lactobacillus acidophilus* CNM La-417 strains possesses the capacity to synthesize vitamins of B group, namely the vitamins B₁, B₂ and B₃.

The result of the invention consists in increasing the level of synthesis of the vitamins B_1 , B_2 and B_3 by the obligate microorganisms of the digestive tract.

Claims: 1